

Amref Health Africa/Flying doctors is an International African Organisation Founded in 1957 as the Flying Doctors of East Africa to provide critical medical assistance to remote communities in East Africa. It has since grown to comprise a full range of medical and health-related services. Amref Health Africa works with the most vulnerable African communities to achieve lasting health change.

Amref Health Africa has been active in Tanzania since 1957, and in 1987, the country office was established in Dar es Salaam. Since then, Amref Health Africa Tanzania has been among the major supporters of the Government of Tanzania's health care initiatives, particularly the Ministry of Health. Amref has supported the development of a number of national health policies, strategies, and guidelines for equitable health service delivery.

From Jan 2022 to date, Amref Health Africa Tanzania has implemented 19 projects, covering 25 regions in Tanzania mainland and all regions of Zanzibar (with over 57% and 16% of the projects being implemented in Lake Zone and Zanzibar, respectively).

The AMREF Flying Doctors plan

Short term cover will give you:

AMREF Flying Doctors membership is a low-cost plan to cover you in case of a medical emergency, during your stay within East Africa (Tanzania and Kenya). A 30-day subscription guarantees a quick response from the Flying Doctors to any form of medical emergencies.

Benefits

- 1. Access to our 24hr Medical Helpline anytime from anywhere within Tanzania for medical advice.
- 2. Unlimited evacuation flights during the subscription period.
- 3. Unlimited Ground Ambulance services.

4. Direct contact with AMREF Flying Doctors and the medical professional – third party involved.

NB: It's important to understand this is not a cover but a registration to guarantee response in case of an emergency. In order to apply, a valid travel insurance needs to be in place.

Application requirements:

- 1. Copy of valid travel insurance
- 2. Copy/details of passport
- 3. Arrival date

Maisha short term cover Silver

Maisha short term cover Silver, is aimed at providing quality and affordable Air and Ground Ambulance evacuation services throughout the Eastern African region targeting individuals and small groups travelling for holiday, business & conferences, sports and other adventure activities.

Maisha short term covers Tanzania and Kenya

AMREF Flying Doctors membership is advisable - per person registration is \$15 pp (valid max 30 days). Kindly note this is not a replacement for a personal travel insurance, which is recommendable for all.

The AMREF Flying Doctors membership must be seen as a valuable add-on.

Please inform us in case you would like to have the Amref Flying doctors plan. sales@paradise-wilderness.com

Please include all needed documents and info into your mail.